

FOOD

Lily's Kids Klub's ethos in relation to food is to provide a verified diet containing healthy whole food as much as possible.

We cater to individual children's dietary needs, which are identified of cultures and actively encourage parents and carers completes the initial Personal Record for their child.

We believe in providing a wide range of foods a variety of cultures and actively encourage parents and carers to share recipe ideas with us.

We do not use red meat

We do not use pork

We use soya as an alternative for those who do not eat dairy products.

We also use Quorn, soya, pulse and vegetables instead of meat.

Puddings are usually;

- mousse
- fruit cocktail
- Yoghurt
- custard & cake
- fruit jelly
- ice-cream
- or other desserts served after all main meals.

Foods for the weaning babies will be blended / pureed. Parents also provide meals for the younger babies.

The setting provides the following on a daily basis;

Breakfast – toast / a selection of cereal and milk [with no nut contents]

Milk / water and biscuits

Lunch cooked meal and desert

Tea light meal with fresh fruits, milk or water

Please note that tea is only a small meal to sustain your child until they get home after setting.